

DOWN SYNDROME SUPPORT GROUP



C.H.A.N.G.E.S. NEWSLETTER



September, 2005

C.H.A.N.G.E.S.

Peterborough Square
360 George St. North
Peterborough, ON
K9H 7E7

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1-866-656-9677
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changes@pipcom.com

Annual General Meeting

You are invited to attend C.H.A.N.G.E.S.'s Annual General Meeting on Thursday, October 6th, at 6:30 pm. at our office in Peterborough Square (across the street from the Bank of Montreal on Simcoe Street).
Please RSVP your attendance to the office no later than October 3rd.
Our feature presentation will begin at 7:00 pm.
Refreshments

You must be a member to have voting privileges!

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UPCOMING EVENTS

October

Annual General Meeting

Thursday, October 6th

Monster Mash Bowl-A-Thon

Sunday, October 30th

November

Down syndrome Awareness Week

November 1st - 7th

December

Christmas Party

Sunday, December 4th

*If you are interested in helping out with any of these events
Please call the office @ 749-6695*



We have received a number of Special Guest Passes for admission to the Indian River Reptile Zoo. Please call the office for your free pass today!

Mission Statement: To support each other in our quest to normalize and enrich the lives of our children, so that they will reach their fullest potential.



c.h.a.n.g.e.s. 6th annual
Monster mash bowl-a-thon



Place: Lakeview Bowling Alley (Market Plaza)

Date: Sunday, October 30th, 2005

Pledge and signup sheets will be available shortly.

First prize for **most pledges** collected by a **family** is
a box suite to a hockey game with the

Peterborough Petes

If you are interested in assisting on the Fundraising
Committee, please contact at 749-6695.

Let's make this Monster Mash the biggest and best event of 2005!

Get your costumes ready!



“DESIGN AND IMPLEMENTATION”

Advocating for your Child's Education

Presented by Bev Assinck

Instructional Leadership Consultant: Special Education-
Autism Spectrum Disorders and Intellectual Exceptionalities
Kawartha Pine Ridge District School Board

Thursday, October 6th, 2005

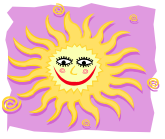
7:00 pm.

C.H.A.N.G.E.S. Boardroom

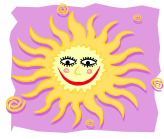
Bev will guide parents through the process of how to advocate
for their child's Individual Education Plan (IEP)
to ensure their needs are met to ensure success!

Please pre-register before October 3rd at 749-6695





"AGES AND STAGES" SUMMER CAMP 2005



Wee Ups & Downs

Infant & Toddler Playgroup/Parent Support Group

Join us every second Tuesday of the Month

Place: Westdale United Church

Date: September 13th, 2005

Time: 10:00 am - 12:00 pm

Facilitated by:

Peterborough County & City Health Unit

Nutritious snacks

provided by C.H.A.N.G.E.S.



A special thank you to Shawna Jones and her future in-laws, the Goodes for hosting WUD's in their pool this summer! It was a

NEW BABY ALERT!!!!

Congrats to the Wilson family—Cindy, Paul and Matthew welcomed Emma Isobel on Saturday, August 20th weighing in at 7 lbs. 15oz. She's beautiful!

Thank You For Your Generous Donations!

Peterborough Foundation
Knights of Columbus
St. Alphonsus Council
Kiwanis Club of Scott's Plains
St. Luke's Anglican Church
Ronan Graphics



Thank You To All Of C.H.A.N.G.E.S. Volunteers!

Paul Guilfoyle, Jamie Jackson,
Don McMaster, Vicki Allen,
Ashley Jewett, Clare Kennedy,
Allyson DeNoble, Melissa Webster,
Cathie Webster,
Matthew Bell, Norman McCarrell,
Corey Hayes, Pete Orday,
Nicole Leagault,
Melissa Robinson



'FALL PROGRAMS STARTING SOON'

C.H.A.N.G.E.S. is pleased to announce their fall line up of programs for all members:

- Wee Ups & Downs - Newborns-5*
- Tutoring - ages 6+*
- Fine Motor Skill - ages 4-8*
- Cooking/Social Class - ages 12-16*
- Cooking/Social Class - ages 18+*
- Friendship Club - ages 19+*
- Volunteer Placement - ages 22+*

Call the office today for more information and to sign up for one of these exciting opportunities!

The Eyes See What the Ears Hear

Dear families,

Our research group has begun an exciting project looking at how children with Down syndrome make sense of the information that they see and hear in speech. For example, when someone speaks to us, we hear the sounds coming from their mouths, and we also see how their lips move. This skill is believed to be very important for learning language and communication. The question we aim to answer is: How do children with Down syndrome use this skill, and how does it help in their development (especially in their language)? To do so, we need your help!

The research project is headed by Dr. James Bebko, a professor at York and clinician. His research has focused on the important connection between language and thinking in children and has been published in major psychological journals and has been presented at various conferences. This work has been approved by the ethics committee at York University.

What is involved?

We ask children to watch a screen with a woman's face, some marbles, and some flowers projected on it, for 15 minutes. During the video presentation, we ask the children to repeat what they think they have heard and to point to the screen. We videotape where they look for this 15 minutes. Please note that the videotapes will not be shown to anyone other than the researcher, are kept in a locked cabinet in a private room at the university, and are destroyed after they are analysed. As well, we do a brief screening of their language and thinking skills.

We expect that the entire project would take at most 1 hour. This study can be done in one session, or broken up into two smaller sessions if required. Based on our work so far, most children who participate appear to enjoy the tasks. We would be happy to share the results of how your child did on these tasks with you. As a thank you for your child's time, they will receive \$20 in the form of cash or a gift certificate to a book store.

****** Our research can be conducted either at York University or in your home –whichever is more convenient for you and your child. ******

Who can be involved?

We are looking for children with Down syndrome between the ages of 6-18 years, with no visual or hearing impairments.

To participate, or if you have any questions, please contact:

Jonathan A. Weiss, M.A.,
Department of Psychology, York University,
4700 Keele Street, Toronto (Ontario), M3J 1P3

Tel: (416) 736-2100 ext. 20706

Email: jonweiss@yorku.ca



2005-06 Membership forms have been included with this newsletter with a self-addressed envelope. Please return prior to the Annual General Meeting for active voting privileges.



BUDDY WALK "UP FOR PUMPKINS" with C.H.A.N.G.E.S.



JEANETTE PENNEY OF
MEDIGAS IN LINDSAY AND
NIECE, HANNA PURDY
INVITE YOU TO JOIN THEM
IN THE FIRST ANNUAL
BUDDY WALK. BRING YOUR
FRIENDS AND FAMILY
MEMBERS AND WALK TO
PROMOTE ACCEPTANCE AND
AWARENESS OF
INDIVIDUALS WITH
DOWN SYNDROME!

**Sunday,
October 16th, 2005
City of Kawartha Lakes
Boys and Girls Club
1:00 PM. Registration
Activities to Follow
For more information,
call 705-731-9972 or
1-866-656-9677**

*Pledge Sheets are available
at the following locations:*

- *Lindsay Library*
- *Lindsay Boys and Girls Club*
- *Medigas in Lindsay*
- *Lindsay Post Office*
- *Bobcaygeon Post Office*
- *Fenelon Falls Post Office*

SPONSORED IN PART BY



Pogue's Gourd & Pumpkin Farm, Bobcaygeon
Bobcaygeon Auto Tech, Bobcaygeon
Sisters Pace Fitness Inc., Bobcaygeon
Mac Doo's Restaurant, Bobcaygeon
Buckeye Source for Sports, Bobcaygeon
Tom McMorrow Custom Carpentry, Lindsay

Bank of Montreal, Lindsay
Access Renovations, Lindsay
Jan's Haircutting, Fenelon Falls
Caygeon Collision, Bobcaygeon
Manley Motors, Lindsay

OUR RAINY GOLF TOURNAMENT

It never rains on a golf course apparently—if you are a golfer that is!! The warm rain came down all afternoon but never stopped a dozen teams from playing in our 4th Annual Golf Tournament sponsored by M & C Hydraulics. Steve McNulty generously took over the title of head sponsor and was instrumental in soliciting teams and prizes for the event. The Wolf 101.5/Kruz once again donated numerous radio spots heard regularly on their station. Steve won the putting contest for the second year in a row and Craig Williamson, an employee at M & C finished second. Terry Parker and teammates John Saltern and Ernie Rouse took home gift certificates for finishing first. Everyone enjoyed a wonderful dinner, great prizes and had fun bidding at the silent auction. Many thanks to Keystone Links Golf and Country Club for their hospitality and the surprise donation. We would like to recognize the following hole sponsors and prize donors, who helped raise over **\$2,700** to support programs and services at our agency:

Bill Storey Pontiac, Bright's Electric, Bryan Seabrooke, Canada's Wonderland, Cane Welding Supply Ltd., Cathcart Trucking, Cogeco, Colour Your World, Community Service Order, Currie Tire, Electric City Gardens, Evinrude Centre, 4th Line Theatre, Frank Hammond, Gerald and Marion Milburn, Gina Peer, Grant Hayes, Greg McDougall, Husky, Hercules Building Products, Hydraulic Supply Company, Jake's Neighbourhood Grill, Jim Rusk, Clarica, Joey's Only Fish and Chips, Kawartha Golf Club, Kawartha Metals Corp., Kawartha Ski & Snowboard, Kinecor Inc., Kraft Canada Inc., Lakefield Mobile Hydraulic Services, Liftlock Cruises, Lincoln Electric, M & M Meats, Marineland, McNulty Family, Milltown Minigolf, Motion Canada, Mulligan Marketing Group, National Hose and Equipment Ltd., Olde Stone Brewery, Parker Fluid Connectors, Pete Dalliday, Peterborough Bearings, Peterborough Inn & Suites, Peterborough Theatre Guild, Quickmill Inc., Randall's Decorating Centre, Rapid Lift Inc., Reid's Dairy, Superior Glove Works Ltd., Swish Maintenance, Terry Parker/Loblaws, The Reptile Zoo, The Wolf/Kruz 101.5, Titles Bookstore, Trent Security System, TSC Stores, Vanguard Steel Ltd., Villa Car Wash, Walmart and Williams Fluidair



THE WINNING TEAM

**FROM LEFT-ERNIE ROUSE,
JOHN SALTERN AND
TERRY PARKER**

THE M & C TEAM

**FROM LEFT—CRAIG
WILLIAMSON, TONY
DENOBLE, STEVE MCNULTY
AND ROY WATERFIELD**



Membership/Donations

C.H.A.N.G.E.S., Peterborough & Area Down syndrome Support Group Membership Form

- Yes, I would like a membership with C.H.A.N.G.E.S., I have enclosed my membership fee of \$20.00
- Yes, I would like to subscribe only to the newsletter, I have enclosed \$10.00.
- Yes, I would like to make a donation to help keep these programs alive and support future initiatives for children, youth, and adults with Down syndrome \$_____ Donation.

Charitable Registration # 124703737RR0001
Receipts available for donations of \$10.00 or more.

Name: _____

Name of child/youth/adult with Down syndrome: _____

Address: _____

City: _____ Prov. _____

Postal Code: _____

Telephone: _____

E-mail: _____

Would you like your newsletter sent via email? Yes No

Please detach and mail with cheque, payable to C.H.A.N.G.E.S., 360 George St. North Peterborough, ON. K9H 7E7



Down syndrome Awareness Week

November 1st - 7th

Watch for Details!

Down syndrome Associations of Ontario
Present

What Makes You Different

Makes You Beautiful

3rd Annual Conference

Entertainment by *The Black Cap Players*
Workshops

Speakers

Publisher and Association Displays

And much more

Registration Subsidies Available

At C.H.A.N.G.E.S. office

October 21st to 23rd, 2005

Best Western Highland Inn and
Conference Centre, Midland, Ontario

Registration packages available at www.dsao.ca

For more information contact

Joanne Kempenaar

(519) 587-5233 or kempenaar6@hotmail.com



**Down syndrome Awareness Bracelets
Coming Soon!**

**Buy one for yourself, your friends
and family members**

\$3.50 each

Or \$3.00 (on orders of 10 or more)

In Adult and Youth Sizes

Support DS Today!