



DOWN SYNDROME
ASSOCIATION OF
PETERBOROUGH
MARCH 2009
NEWSFLASH

*"People with Down syndrome dream
exactly the way you do."*



Kudos to Paul Archer for braving the cold and participating in the Bel Rotary Polar Plunge! He chose our agency as his charity of choice!

**ATTENTION PEOPLE WITH
DOWN SYNDROME!
AGES 5 – 50**

**BOWL FREE ON SUNDAY AFTERNOONS
LEAVE MOM AND DAD AT HOME
AND HAVE FUN ON YOUR OWN
WITH STUDENTS FROM
LAKEFIELD COLLEGE AND
SUPPORT STAFF**

**CONTINUES MARCH 1ST AND ON THE
FIRST SUNDAY OF EACH MONTH**

2 PM. – 3:30 PM.

**YOU MUST PRE-REGISTER AT THE OFFICE
TO ENSURE ADEQUATE SUPERVISION IS
AVAILABLE!**

**JOIN THE FUN AND GIVE MOM AND DAD
A BREAK! CALL 749-6695 TODAY!**

DONATIONS

*Many thanks to the following
who made donations in
February 2009:*

Cameco

Craig Read

Heather Jopling

Cobourg Lakeshore Lions Club

**COMING UP!!
"CELEBRATE DREAMS"
DINNER AND AUCTION
HOLIDAY INN
THURSDAY, APRIL 16TH**

*Items are needed for the live
and silent auctions at the gala!
Do you have something you
could donate?*

*Do you know of someone or
someplace that would donate?*

*All donations are greatly
appreciated!*

Let us know if you can help!

**WORKSHOP SERIES
"TOWARD POSITIVE BEHAVIOUR
AND BEYOND!"**

Presented by Tri-County
Community Support Services

All behaviour happens for a reason. The challenge is to find out why and learn how to make positive changes. This workshop will help to determine why inappropriate behaviour might be happening, to learn how to increase positive behaviour and to develop strategies to address inappropriate behaviour.

Dates: March 25, April 29, May 27

Location: Five Counties C. C.

Time: 6:30 pm. to 8:30 pm.

Fee: \$5.00 for a single session, or
\$10.00 for all three sessions

You must pre-register as space is limited. Call 749-6695 to register.