

JANUARY 2016 NEWSFLASH

300 Sunset Blvd., Peterborough

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Follow us on:  Down Syndrome Association of Peterborough

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A FULL HOUSE AT THE CHRISTMAS PARTY

Almost 100 members enjoyed an afternoon of magic with Luke Farley, music and a visit from Santa. Many thanks to the Toronto Fire Fighters who donated a gift to each child and to Trinity College students who wrapped them all! Special thanks to Andrew Pyle who arranged the visit by the creative balloon fella. There was lots of opportunity to enjoy delicious potluck items, meet new families and catch up with old friends. Thanks so much to all who attended...we really appreciate your support and hope you have a terrific 2016!



Baby Brooklyn



Pierce, Jenna & Friends

**CALENDARS ARE STILL AVAILABLE FOR SALE
AT THE OFFICE!**



WEEK WITHOUT WALLS PROGRAM WITH TRINITY COLLEGE

Many thanks to Steve Patterson, Sarah's Dad/Teacher and students from Trinity College who assisted with Christmas party preparations in early December. Students had the opportunity to learn more about Down syndrome while helping our agency and the Northminster Church community. We appreciate your support and wish you much success with your studies!

MEET A NEW BOARD MEMBER

ANN HINES, DIRECTOR

My name is Ann Hines and I am excited to be a new board member for the DSAP! I am happily married to my husband Mark and we are a blended family including four daughters who range in age between 22 and 25, a son in law and a 5 year old grandson. I am a registered Social Worker and a full time faculty in the Developmental Services Worker Program at Fleming College and also Coordinator of the program. My background includes supporting people with various developmental disabilities for over 15 years, as well as working in restorative justice for youth in conflict with the law. My passion is helping people find their dreams and make them a reality. I see that in my work with students and I look forward to fulfilling that passion in my work with DSAP! I look forward to meeting you at some of the events.



THANK YOU FOR YOUR DONATIONS

Flora McDougall

Gladys Pyle

Brian Prentice

Muriel Down

Norma Christensen

Ann Richmond

Shirley Twist

Willy and Brenda Casteels

Irene Lenney

Ingredion Canada Corporation

Emily Downie & Dan Clarke

Tim Nicholls

Barb Longland

Allyson DeNoble

Dan Moloney

Tammy & Paul Fraley

Nelson & Michelle Brown

MESSAGE FROM THE CHAIR

2016... wow! How did that happen?? I know I often find myself musing about the lightning- speed passage of time in my everyday life. That is no different when I stop to consider how quickly time has slipped by since Matthew first became such a beautiful and central part of my life. In the years that have passed (twelve of them... wow again!) I know our family has come to count on the DSAP in many, many ways, just as has happened for many of you.

We look to this small but mighty agency in times of need, looking for answers, looking for support, looking for a trusted source of help. We also find ourselves grateful for its existence in good times too, when we visit with friends, engage in fun activities and celebrate special times of the year. Really, it's not until you stop and consider how many times, and in how many ways, the DSAP has been a part of those varied and significant moments, that you realize what this organization means to you, or how much its absence would be felt.

We have been fortunate. In recent years we have managed to escape the threat of having the DSAP cease to exist. For that we should be truly relieved and hopeful. However, it should also make us stop and think... what exactly do we want the DSAP to do for us, in our busy, busy lives, trying to find our way through what can be the very challenging maze of life? If we really want for the DSAP to continue to exist, how do we demonstrate that?

We show our support. We give back to the organization in a multitude of ways.

For one, we participate in programs and events. If the members of our family can benefit from what is being offered, we show up. Why? Because, really, what better measure is there of a program than the number of people who rely on it?

We also give back by backing what fundraising events we can. Would you love a night out with friends to enjoy a beautiful dinner? Maybe the Gala is just the treat! The Gala isn't your thing? Maybe the Spaghetti Dinner and Cake Auction are a better option. No? You prefer to be involved through active events? The Bowl-a-thon will fit that bill! In this way we are fortunate here, with the DSAP, we have so many options.

We also show our support by sharing the ideas we have to offer. Do you see an area of planning that might do with a tweak to make it better? Offer your suggestion... we would love to hear it! Would a small change to a program make it more accessible to your family, but you aren't sure if your request is possible? You will never know unless you ask! Maybe, just maybe, the obstacles you are facing are shared by others and your suggestion would create a solution for more than just your family. I personally welcome your responses and offer my email to anyone who would like to reach me: cindy_l_wilson@hotmail.com .

I suppose what I am trying to say is for many, a new year often symbolizes the idea of fresh starts, endless possibilities. Perhaps 2016 is just the opportunity your family needs to ensure that the DSAP stays vital and significant in the lives of those connected to it. The years pass quickly. Don't let this one slip by without becoming a fully involved member of your DSAP. Wishing everyone all the best in the year to come.

Cindy Wilson, DSAP Chair.

A Fun Night with Linda Kash & Friends

Saturday, January 9th the lounge at Showplace was packed with over 100 people for an evening of laughter and Improv comedy. Entertainers Mike, Meghan, Danny, Sean, Hilary, Dan and friends shared their Improve expertise with the audience! The 50/50 draw was \$214. Many thanks to Jeff Cox for his gift card donations! Thanks Linda & Friends for your time and energy...we all need to laugh!!!



***SIGN UP AND MARK YOUR CALENDARS
PROGRAMS JANUARY 2016 TO JUNE 2016***

BREAKDANCING WILL RESUME MARCH 4TH!

WEE UPS & DOWNS PROGRAM!

The new parent group meets on the second Tuesday of each month from 10 am – 12 pm at Northminster Church.

Refreshments Available!



GIRLS FRIENDSHIP SATURDAYS

PLACE: Northminster Church

TIME: 10 AM – 5 PM

DATES: January 23rd
February 20th
March 5th
April 16th
May 14th
June 11th

COST: \$50.00 each
Must pre-register at the office.



***PALS is NEW !!!!
Sign Up Today***

Want to spend some time with your friends doing fun stuff in the community once a month?

The cost is \$10.00 per person and activity costs for each event.

Call the office to register or drop us an email and mark your calendars!

Time is 1 pm. – 4 pm.

February 6th - Bowling/Dairy Queen

March 6th - Movies

April 2nd - Bowling/Dairy Queen

April 28th - Zoo

May 28th - Mini-Golf

FINANCIAL REPORT

**FISCAL YEAR BEGINNING
AUGUST 2015**

**ACTUAL INCOME
\$49,253.44**

**REVENUE GOAL
\$69,708.33**