



Down Syndrome
Association of Peterborough

JANUARY 2019 NEWSFLASH

300 Sunset Blvd., Peterborough

705-749-6695

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THE ANNUAL CHRISTMAS PARTY Santa and Sophie





MEET A NEW BOARD MEMBER – WELCOME DEBBIE QUINLAN

Debbie Quinlan is a proud mother of 2 sons and a daughter. Her youngest, Kacee, has Down syndrome along with her brother-in-law Dave who also lives with her family. She is a retired teacher, special education teacher and consultant who has worked in the field of Education for 35 years in Thunder Bay, Winnipeg, Toronto and Peterborough. Debbie is head coach for Special Olympic swimming, soccer and coaches Blue Jays Challenger Baseball alongside her husband Bev. Debbie also volunteers for the Mount Community Centre.

The “Y” Guys Donate!!

It was a very humbling experience to catch up with almost 40 retired “Y” guys who celebrated Christmas with their annual charity luncheon at the Pizza Factory. The hat was passed to raise funds for our agency.

The wonderful owner Peter, matched the donation and I accepted a cheque for \$1,400! Many thanks to Brian Fitzgerald and Crunch for their organization of this event. We are truly thankful for their generosity and thoughtfulness!



MARK YOUR CALENDARS 2019

- DREAMS Bowl-a-Thon – Sunday, February 10th
 - March Break Camp – March 12, 13, 14th
- Puck Drop at Petes Game – Thursday, March 14th
- Spaghetti Dinner & Cake Auction – Saturday, March 16th
 - DREAMS Gala – Friday, April 12th
 - Family Picnic – Sunday, June 9th
- DREAMS Golf Tournament – Sunday, September 8th
- Down Syndrome Awareness Fun Walk – Saturday, September 14th
 - Family Christmas Party – Sunday, December 1st

NEW ART PROGRAM

Where – Art Gallery of Peterborough,
250 Crescent Street, Peterborough

When – Saturdays beginning February 2nd to
March 9th (6 sessions)

Time – 2 pm to 3:30 pm

Who – Children ages 10 and up

Class – Maximum 12 participants

Cost - \$5 per class

NEW SELF-DEFENSE COURSE (KARATE)/PIZZA

Where – Church Lower Hall

When – Fridays beginning January 18th
(6 sessions)

Time – 4:30 pm to 6:00 pm

Who – Children ages 10 and up

Class – Minimum 6 participants

Cost - \$5 per class

FINE MOTOR SKILLS PROGRAM

Where – Church Nursery

When – First Saturday of each month
beginning February to June

Time – 10 am to 12 pm

Who – Children ages 3 – 7

Cost - Free

COOKING PROGRAM

Where – Real Superstore (Lansdowne Mall)

When – January 12th, 26th, March 23rd, April
13th, 27th, May 11th, 25th and June 15th

Time – 2 pm to 4 pm

Who – Children ages 10 and up

Cost - \$5 per class



Many thanks to the Toronto Firefighters for the donation of toys! 107 people enjoyed an afternoon of fun, conversation, food and a Santa visit!

Many thanks to the volunteers who helped make the event a success: Irene Pyle, Brittany and Caitlin LeBlanc, Patty Thompson, Allyson DeNoble and Paulette and Tiffany Schultz!

GIRLS FRIENDSHIP SATURDAYS

PLACE: Northminster Church

TIME: 10 AM – 5 PM

DATES: January 12th
February 16th
March 9th
April 20th
May 25th
June 22nd

COST: \$50.00 each session

Must pre-register at the office.

**WEE UPS & DOWNS
BABY PROGRAM**

JANUARY 15, 2019

10 AM TO 12 PM

CHURCH NURSERY

JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HAPPY NEW YEAR Office Closed	2 Office Closed	3 Office Closed	4 Office Closed	5 Office Closed
6	7 Office Closed	8	9	10	11	12 Girls Friendship Club - 10 am-5 pm Cooking Program 2-4 pm
13	14	15 WUD - 10 am Board Meeting 5:30 pm	16	17	18 Self-Defense Course - 4:30 pm - 6 pm	19
20	21	22	23	24	25 Self-Defense Course - 4:30 pm - 6 pm	26 Cooking Program 2-4 pm
27	28	29	30	31		

DREAMS GALA 2019

Tickets are now available for this exciting event to be held on Friday, April 12 at the Peterborough Golf and Country Club!

We are looking for a variety of items for the silent and live auctions!

Every donation is greatly appreciated!

More details to follow!

Many thanks to Dave Wilson of Graphic Mill for designing and donating the poster and tickets!

FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Self-Defense Course – 4:30 pm - 6 pm	2 Art Program 2 pm – 3:30 pm
3	4	5	6	7	8 Self-Defense Course – 4:30 pm - 6 pm	9 Art Program 2 pm – 3:30 pm
10 DREAMS BOWL-A-THON Lakeview Bowl 1 pm – 3:30 pm	11	12 WUD's – 10 am - 12 pm Board Meeting 5:30 pm.	13	14 Valentine's Day	15 Self-Defense Course – 4:30 pm - 6 pm	16 Art Program 2 pm – 3:30 pm Girls Friendship 10 am – 5 pm
17	18 Family Day Office Closed	19	20	21	22 Self-Defense Course – 4:30 pm - 6 pm	23 Art Program 2 pm – 3:30 pm
24	25	26	27	28		

Message from the Chair

Dear families,

On behalf of the Board of Directors of the DSAP, I would like to extend our best wishes this holiday season. As we look back on 2018, we are thankful for the success of this past year as we celebrated the 30th Anniversary of the DSAP. We thank our participants, sponsors, volunteers, and you “Our Families” for your ongoing support of the DSAP.

It has been a busy year for the DSAP with our traditional events and programs. New programs were introduced in the spring and summer of 2018 for our younger children with DS. We had our first Down Syndrome Awareness Fun Walk in the early fall, and we increased our exposure through Michelle Ferrari’s blog, and added articles in the Snap Magazine. In 2019, we hope to continue the momentum this has brought the DSAP and continue to extend our exposure through community outreach.

We would like to thank Deb Reid for her ongoing commitment to the DSAP, the members of the past and current Board who have so diligently worked to keep the Dream Alive, and we look forward to continuing and hopefully grow the vision of inclusiveness and acceptance started around a kitchen table 30 year ago.

Best wishes to all for a Happy and healthy 2019. We look forward to continuing to serve and support you.

Norma Christensen, Chair